

**ATTENTION PROFESSIONAL SERVICE PROVIDERS, OUTPATIENT HOSPITALS,  
FEDERALLY QUALIFIED HEALTH CENTERS, AND RURAL HEALTH CENTERS**

**DIABETES SELF-MANAGEMENT TRAINING (DSMT)**

Effective February 20, 2011, Louisiana Medicaid will provide coverage for diabetes self-management training services rendered to Medicaid recipients diagnosed with Type I, Type II or gestational diabetes. It is anticipated that this new service will promote improved patient self-management skills which will reduce diabetes-related complications that adversely affect quality of life, and subsequently reduce Medicaid costs associated with the care of recipients diagnosed with diabetes-related illnesses. Recipients eligible for DSMT may receive up to 10 hours of services during the first 12 month period, which will be comprised of 1 hour of individual instruction and nine hours of group instruction. After the first 12 month period, eligible recipients may receive up to 2 hours of individual instruction each year.

In order to receive Medicaid reimbursement, providers must have a DSMT program that adheres to the national standards for diabetes self-management education and is accredited by the American Diabetes Association (ADA), the American Association of Diabetes Educators (AADE), or the Indian Health Service (IHS).

DSMT instructional team members must be either a Certified Diabetes Educator (CDE), certified by the National Certification Board for Diabetes Educators, or have recent didactic and experiential preparation in education and diabetes management. At a minimum, the instructional team must consist of a registered nurse, registered dietician, or a pharmacist, who is a CDE. All team members must obtain the nationally recommended annual continuing education hours for diabetes management. Members of the instructional team must either be employed by or have a contract with a Medicaid enrolled professional services, FQHC, RHC, or outpatient hospital provider that will submit the claims for reimbursement.

The entity seeking reimbursement for DSMT services must be enrolled as a Louisiana Medicaid provider through the Professional Services (Physician Directed Services), RHC/FQHC, or Outpatient Hospital programs and must meet all of the required criteria mentioned above. DSMT is not a separately recognized provider type; therefore, Louisiana Medicaid will not enroll a person or entity for the sole purpose of performing DSMT. Reimbursable DSMT services for FQHCs/RHCs are included in the all inclusive encounter; therefore, separate encounters for these services are not allowed and the delivery of DSMT services alone does not constitute an encounter visit.

**In order to implement the DSMT program within a timely manner, appropriate editing and coverage determinations are still underway. Systematic adjustments for some previously processed claims may be necessary in the future.**

**Providers should monitor future RA messages and [www.lamedicaid.com](http://www.lamedicaid.com) for updated information and upcoming policy.**